

2016 Age Class Name		Club			
<b>14s</b>					
1st Year M14	Henry Teasdale	WCOC	Keswick	19-03-16	28:06:00
1st Year M14	Joe Sunley	WCOC	Keswick	09-04-16	25:50:00
2nd Year M14	Ben Dempsey	MDOC	Lyme Park	30-01-16	26:02:00
2nd Year M14	Finlay Johnson	SROC	Lancaster	13-02-16	22:52

<b>16s</b>					
1st Year M16	Ben Goodwin	WCOC	Workington	30-01-16	26:01:00
1st Year M16	Francis Smith-Ward	LOC	Fell Foot	09-04-16	22:04
1st Year M16	Louis Morris	WCOC	Keswick	16/01/2016	26:35:00
2nd Year M16	Ben Breeze	WCOC	Keswick	16/01/2016	25:11:00
2nd Year M16	Joe Goodwin	WCOC	Keswick	16/01/2016	24:42:00
2nd Year M16	Alistair Thomas	WCOC	Workington	20-02-16	17:20
2nd Year M16	Daniel Spencer	WCOC	Workington	09-04-16	17:45
2nd Year M16	James McCann	MDOC	Not Yet Completed		
2nd Year M16	Alex O'Donovan	LOC	Not Yet Completed		
2nd Year M16	Harry Scott	LOC	Fell Foot	16/1/2016	23:30

<b>18s</b>					
1st Year M18	Lachlan Chavasse	DEE	Delamere	23/01/2016	20:32
1st Year M18	Jack Cryer	PFO	Not Yet Completed		
1st Year M18	Sam Yates	LOC	Fell Foot	30-01-16	22:33
1st Year M18	Stewart Allison	LOC	Fell Foot	16/1/2016	0:24:11
2nd Year M18	Matthew Fellbaum	MDOC	Not Yet Completed		
2nd Year M18	Noah Howlett	LOC	Not Yet Completed		
2nd Year M18	Laurence Johnston	SROC	Lancaster	23-01-16	22:01

<b>Coaches</b>					
	Richard Tiley	LOC	Fell Foot	09-04-16	24:54:00

**2016 Age Class Name****Club****14s**

1st Year W14	Anna Harris	DEE	Delamere	19-03-16	22:48
1st Year W14	Caitlin Irvine	WCOC	Keswick	16/01/2016	28:06:00
1st Year W14	Carys Thomas	WCOC	Workington	09-04-16	31:18:00
1st Year W14	Merryn Stangroom	LOC	Fell Foot	16/1/2016	27:43:00
1st Year W14	Ellie Simmonds	LOC	Fell Foot	16-01-16	26:53:00
1st Year W14	Sophie Evans	LOC	Not Yet Completed		
1st Year W14	Lucy Gibson	LOC	Fell Foot	16/1/2016	27:53:00
1st Year W14	Eleanor Ellis	PFO	Burnley	27-02-16	27:17:00

2nd Year W14	Rosie Spencer	WCOC	Keswick	16/01/2016	30:18:00
2nd Year W14	Jess Ensoll	LOC	Fell Foot	16-01-16	24:56:00
2nd Year W14	Jess Breeze	WCOC	Keswick	16/01/2016	31:11:00

**16s**

1st Year W16

2nd Year W16	Megan Bartlett	LOC	Not Yet Completed		
2nd Year W16	Hannah Hateley	DEE	Not Yet Completed		
2nd Year W16	Niamh Hunter	WCOC	Workington	09-04-16	22:55
2nd Year W16	Fiona Newby	LOC	Not Yet Completed		
2nd Year W16	Anna Lister	LOC	Fell Foot	16-01-16	27:50:00

**18s**

1st Year W18	Daisy Fletcher-Cooney	LOC	Fell Foot	16/1/2016	27:48:00
1st Year W18	Emily Brown	BL	Carlisle parkrun	23/01/2016	25:26:00

2nd Year W18	Laura Hindle	MDOC	Woodbank	13-02-16	26:46:00
2nd Year W18	Katie Lowles	WCOC	Keswick	16/01/2016	29:18:00
2nd Year W18	Annie Ockenden	SROC	Lancaster	30-01-16	29:04:00

**Coaches**

	Lynne Thomas	WCOC	Workington	09-04-16	23:47
	Gillian Rowan-Wilde	PFO	Burnley	13-02-16	29:22:00