

# British Orienteering Start Squad - Selection Criteria 2007

These criteria apply to selections for BOF Start Squad and Summer Tours. The Start programme, with dates and locations for these events, will be published by Start Squad management on the British Orienteering web site.

The selection will be announced on the British Orienteering website Wednesday 16<sup>th</sup> May.

Athletes should not run when injured or ill and should plan a sensible programme of competition with advice from regional squads/coaches. It is essential that selectors are informed of injuries or illnesses that are preventing an athlete from performing to their ability. In those situations, the selectors will strive to be fair to all and may consider alternative results if a suitable race is nominated in advance.

## ***Selection races 2007***

Mar 4 <sup>th</sup>	Regional Event (ESOC)	15/16's run JM5M/JW5S 17/18's run JM5L/JW5L
Mar 11 <sup>th</sup>	National Event (SROC)	15/16's run M16A/W16A 17/18's run M18L/W18L
April 7 <sup>th</sup> /8 <sup>th</sup>	JK Days 1 & 2	“
May 5 <sup>th</sup>	British Championships (WMOA)	“

## ***Start Tour (14's/15's Talent Identification)***

Selection for Lagganlia is based on nominations by each Regional Squad, it is aimed at M/W14, 15's will be considered at the selectors' discretion. The Regional Squad nomination form should be returned by 30<sup>th</sup> April 2007. Athletes should be Gold Standard and at least one Championship result is required.

## ***Start Tours (15's-18's)***

Selection for summer tours for M/W15+ is based on performance at selection races and Regional Squad reports. Numbers selected will be at the selectors' discretion and may vary from year to year. Selectors will select on athletes' best 3 results in the selection races, based on percentage difference from the winning time in each race.

Selectors have discretion to add additional athletes where exceptional circumstances apply. Athletes who have not previously attended a tour or been a part of the Start Squad will be selected if their results warrant it.

## ***Start Squad selection***

The Start Squad is re-selected each year. Selection of M/W15+ is based on summer tour reports, supplemented by performance in selection races and Regional Squad reports. Selection of M/W14 is based on Lagganlia tour reports, supplemented by Regional Squad reports and all known form.

Selectors meet in early September, Start Squad selections being announced soon after.

Additional Notes:

The FCC Finals are open races and any unqualified runners will be running at the front of the field. To qualify, you must achieve top 15 in your age category through the FCC qualifying races and you will be given a seeded start place.

Running every race in the FCC series is not required. To qualify it is the best 3 results.

Training tours during the summer are not competitions; they are an opportunity for you to learn. From the selection races the selectors already have an idea of the performances you can produce, the tour reports give an up close view of you.